Therapeutic Resources Physical Therapy Skills Checklist

Directions: By completing this checklist to the best of your ability, you will help us match your skills and areas of interest with our available assignments. Please place a check in the column that most acurately describes your level of experence with each skill.

A = No Training or Experience

B = Classroom training only, never preformed

Acute	ABCD
Gait Training General Medical General Surgical Orthopedics Wound Care ICU/SICU Oncology Geriatric Pediatric Respiratory Transplants	
Neurological	ABCD
CVA Coma Management SCI MS Parkinson's TBI	
Rehabilitation	ABCD
General medicine/deconditioning Orthopedics Cardiac/Pulmonary Amputee Home evaluations MVA SCI CVA TBI MS	

MD Chronic Pain NDT				
Extended Care	Α	В	С	D
Free Standing				
Hospital Standing				
MDS				

RUGS level				
Work Hardening	Α	В	С	D
FCE				
Sensory Integration				
Work site evaluation				

C = Some Experience, need review and supervision

D = Preforms proficiently and independantly

Outpatient	Α	В	С	D
Soft Tissue trauma Wound care Arthritis Progressive strengthening Orthotics prescription Prosthetics fitting and training Sports medicine				
Manual Therapy	A	B		D
Spinal Extremity				
Back	Α	В	С	D
McKenzie Maitland Other				
Neck	Α	В	С	D
McKenzie Maitland Other				
Knee	Α	В	С	D
Knee ACL Rehab Arthroscopic Surgery Patella-Femoral Disorders	A □ □	B □ □		D □ □ □ □ □ □ □ □ □
ACL Rehab Arthroscopic Surgery Patella-Femoral Disorders Modalities		□ □ ■ B		D
ACL Rehab Arthroscopic Surgery Patella-Femoral Disorders				_
ACL Rehab Arthroscopic Surgery Patella-Femoral Disorders Modalities US/ Phono Traction Heat/cold Myofascial release Electrical Stimulation Whirlpool Iontophoresis EMG/NCV Modalitites Biofeedback		B		

General Skills	ABCD
Documentation	
Oasis	
MDS	
700 & 701	
Computer Skills	
Electronic Medical Records	

AGE COMPETENCY	Α	В	С	D
Newborn/ Neonate (birth -30days)				
Infant (30days-1 yr)				
Toddler (1-3 years)				
Preschooler (3-5 years)				
School age children (5-12 years)				
Adolescents (12-18 years)				
Young Adults (18-39 years)				
Middle Adults (39-64 years)				
Older Adults (64+)				
Supervision	Α	В	С	D
Supervise Assistants				
Supervise Aides				
Work simplification/energy conservation				

Comments :

Signature

Date